



ConTine - semi-annual progress report

October

The N/a'an ku sê Lifeline Clinic October proved to be a tremendous month for the N/a'an ku sê Lifeline Clinic. Regular outreach sessions, in-clinic patient treatments and the twice-weekly feeding program aside, a truckload of donations, accompanied by Rudie and Marlice van Vuuren, arrived at the Lifeline Clinic premises on 9 October. Dubbed "Operation Orange", a vast amount of clothing, shoes and dry soup was distributed to the masses. Not only did community members of the Omaheke Region, where the Lifeline Clinic is based, benefit. The many miles to Tsumkwe, heart of Namibia's Bushmanland, were also covered, ensuring that these vital items now also support the impoverished San communities of the Nyae Nyae Conservancy

The term "**Operation Orange**" was coined due to the generosity of the N/a'an ku sê Foundation's Dutch conservation partners – those partners from whom the donations came:

- Mr. Aad de Vrij, CEO of P. DE VRIJ MOERKAPELLE BV
- Albert and Anneke ten Brinke
- Mr. Henk Bakker of the van Uden Group
- Mr. Friedrich Knapp of NewYorker • Mr. Stephan Hewel of the Keller Group (sponsorship of the shipping of the donations from the Netherlands)

Furthermore, targeted fundraising campaigns proved immensely successful for the following causes linked to the Lifeline Clinic:

- **A house for Anaki:** Anaki is a girl born with cerebral palsy. She came to the attention of the Lifeline Clinic in 2003, at which stage she could not walk. The support of the clinic saw Anaki grow stronger and significantly more independent. Now 17 years old, Anaki remains under the supervision of Lifeline Clinic staff. However, she has no place to call a home. After the launch of the "A house for Anaki" campaign, more than USD1,000.00 was raised in a matter of days, funds allowing us to build her a one-room corrugated house. Anaki will soon, for the first time, have shelter from the winter cold and the summer rains.
- **Meet Toby:** Since his birth in 2018, two-year old Toby has become the tiny heart and soul of the N/a'an ku sê Lifeline Clinic. His mother tragically passed away in August this year. With Toby's father being mostly absent, our little boy has fundamentally been relegated to the ranks of orphan. But as is the norm and the passion of the Lifeline Clinic, Toby is being cared for through the selflessness of clinic staff – his daily needs met as effectively as possible. Toby's future prospects, stability, and aptitude lie in our hands. The "Meet Toby" fundraising campaign is providing us with USD50.00 per month in taking care of his everyday needs.
- **Don't let them waste away:** On Friday, 23 October, the plight of a San community member of Epukiro was brought to the attention of Lifeline Clinic staff. Reacting immediately, they rushed to his aid, using the 4x4 ambulance to transfer him to the State Clinic for emergency medical treatment. This prompted the start of the "Don't let them waste away" fundraising campaign, an initiative that we hope will bear fruit.



November

The N/a'an ku sê Lifeline Clinic The effects of starvation were made brutally clear in November, the Lifeline clinic team wasting no time in performing the emergency transfer of a severely undernourished adult man to Gobabis Hospital. This prompted the further promotion of the "Don't let them waste away" campaign, supplementing this with the "If we can conquer space, surely we can conquer starvation?" fundraising drive. The clinic's feeding program continued in November; a record number of mouths filled. Furthermore, the "A house for Anaki" project will come to fruition in early December 2020, this precious 17-year old girl with cerebral palsy having her house built in the coming week. A house will simultaneously be completed for the family of the late Chief Sangiro. The clinic's agricultural project is forging ahead, the ultimate self-sustainability of both the clinic and the community a driving force.

Activity	Numbers	Comments
Patients seen	Clinic patients: 123 Outreach patients: 36 Total patients: 159	See appendix for breakdown
Hospital admissions	Total patients: 5 Emergency transfers: 5	Km driven: 2216km John Ova Willem Ruises Jan Piet Agarob Xhase Jan Eenoog
Outreach clinics	2 outreaches performed in November 2020	Skoonheid 16 Otjjuarwa 20
TB	2 patients tested	2 sputum samples were sent to laboratory. 0 new cases
TB REACH	0	

Contraception services	13 patients seen in clinic for family planning services. 18 patients seen on outreach clinics for family planning.	13 depo injections given 0 Triphasil tabs given 17 depo injections given 1 x boxes of condoms 1 Triphasil tab given
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November

The Lifeline Clinic closed its doors on 11 December 2020, but not before accomplishing as much as possible prior to the start of the festive season.

17-year-old Anaki, suffering from cerebral palsy, was able to enter her new home in December. A terrific team of volunteers, led by Lifeline Clinic Manager, Hardus Swart, sweated in the tremendous heat of Epukiro, but remained undeterred in completing the project.

Furthermore, the house for the family of the late Chief Sangiro also rose from its foundations and now provides much-needed shelter.

The clinic's agricultural project is forging ahead, the ultimate self-sustainability of both the clinic and the community a driving force. Boring for water will commence in the week of 4 January 2021, this vital liquid crucial to the project.

Activity	Numbers	Comments
Patients seen	Clinic patients: 112 Outreach patients: 82 Total patients: 194	See appendix for breakdown.
Hospital admissions	Total patients: 5 Emergency transfers: 5	Km driven: 1,487 Km
Outreach clinics	2 outreach sessions performed in December 2020	Jacobs Farm 58 Skoonheid 24
TB	4 patients tested	4 sputum samples were sent to laboratory 2 new cases

Contraception services	5 patients seen in clinic for family planning services 12 patients seen on outreach clinics for family planning	5 depo injections given 0 Triphasil tabs given 12 depo injections given 2 x boxes of condoms 0 Triphasil tabs given
Feeding programme	2 Adults 4 Children	7 Malnutrition patients in total 2 feeding sessions per week 4-7 adults and children daily
Mother and Baby	3 afternoon sessions: 1Dec: 86 meals provided. Adults: 19 Children: 25 3Dec: 86 meals provided. Adults: 36 Children: 50 8Dec: 93 meals provided Adults: 33 Children: 25	Feeding all Meals for December 20: 286 Meals during feeding sessions 36 daily meals Total = 322 26 babies seen in "Mother and Baby" sessions: Green: 23 Yellow: 2 Red: 1 (taken to hospital)
Volunteers	We had 6 volunteers for the month of December 2020 Nicolas John Bronwyn Heidi Brigitte Ricardo	Activities: 2 corrugated houses constructed Every Thursday: Braai Collecting firewood Outreaches Gobabis State Hospital visits Gobabis Private Health Care visits

January

The Lifeline Clinic – a beacon of hope for so many of Epukiro's San community – reopened its doors on 4 January 2021 after a short break in December. Regular activities have resumed, including outreach sessions and the fortnightly mother and baby feeding session.

The team also welcomed the arrival of Dr Michelle Ting from Singapore. Having worked in multiple countries, Dr Ting brings a wealth of knowledge and expertise to the Clinic. We wish her all the very best as she tends to those in need.

The following tables provide an outline of the Clinic's activities in January:

Activity	Numbers	Comments
Patients seen	Clinic Patients 143 Outreach Patients 102 Total patients 245	See appendix for breakdown.
Hospital admissions	Total: patients: 6 Emergency transfers: 6	Km driven: 1,487Km
Outreach clinics	3 outreach sessions carried out in January 2021	Jacobs Farm 34 Harnas 38 Naankuse 30
TB	15 patients tested	15 sputum samples were sent to a laboratory for testing, with 2 new cases having been confirmed.
COVID-19 Screening	12 patients tested	12 samples were sent to a laboratory for testing. No positive cases were detected.

Expenditure Budget

N/a'an ku sê Foundation EUR rate 31/01/21: 18.332
Donor: ConTine
Project: Lifeline Clinic

Peiod: October 2020 to December 2020
Funds Awarded: EUR 2,459.00

		% applied to Grant	NAD Total	EUR Total
<u>October 2020 Expenses:</u>				
Salary for Nurse (no doctor)	NAD 7,659.59	100%	NAD 7,659.59	EUR 417.83
Medicines	NAD 5,834.13	50%	NAD 2,917.07	EUR 159.12
Fuel	NAD 7,651.70	50%	NAD 3,825.85	EUR 208.70
<u>November 2020 Expenses:</u>				
Salary for Nurse (no doctor)	NAD 7,659.58	100%	NAD 7,659.58	EUR 417.83
Medicines	NAD 13,661.88	50%	NAD 6,830.94	EUR 372.62
Fuel	NAD 8,224.50	50%	NAD 4,112.25	EUR 224.32
<u>December 2020 Expenses:</u>				
Salary for Doctor	NAD 9,919.00	100%	NAD 9,919.00	EUR 541.08
Medicines	NAD 14,167.86	20%	NAD 2,833.57	EUR 154.57
Fuel	NAD 3,748.09	20%	NAD 749.62	EUR 40.89
Grand Total			NAD 46,507.47	EUR 2,536.96

Images.



Figures 1 & 2: The crowds enter the Lifeline Clinic premises for medical treatment and to attend a feeding session



Figures 3 to49: The construction of the corrugated houses for Anaki and the family of the late Chief Sangiro gets underway