

CONTINE AND THE N/A'AN KU SÊ FOUNDATION

REPORT FOR JANUARY 2022 TO DECEMBER 2022

The N/a'an ku sê Foundation is honoured to enjoy a partnership with ConTine GmbH, and proudly submits the report for the time-period January 2022 to December 2022.

The past year has seen much progress made at the N/a'an ku sê Lifeline Clinic. In October 2022, the N/a'an ku sê Foundation celebrated 15 years of conserving the wildlife, landscapes and cultures of Namibia, as well as improving the lives of the people it works with. This couldn't have been more evident than at the Lifeline Clinic.

THE N/A'AN KU SÊ LIFELINE CLINIC

Funds donated by ConTine GmbH: EUR 5,000.00: For nurse's salary, medicines, fuel and the agricultural project.

Financial Summary (Please see detailed financial summary attached)

N/a'an ku se Foundation - Lifeline Clinic Financial Summary 01 January 2022 - 31 December 2022

Expenses incurred	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Total
AGRI-PROJECT	-	-	462	-	1,390	4,500	6,107	4,500	39,249	8,972	-	-	65,180
AMBULANCE EXPENSES	-	-	36,942	372	1,492	-	1,600	-	3,922	-	-	-	44,327
FOOD & SUPPLIES	15,250	18,000	16,330	32,302	33,570	17,618	27,539	27,157	21,856	20,149	-	-	229,772
FURNITURE & CURTIANS & EQUIP	-	-	18,000	-	-	-	-	65	-	862	-	-	18,927
INSURANCE	1,174	1,174	803	(170)	4,727	1,134	1,233	1,233	1,233	1,233	-	-	13,774
MEDICINES	23,913	16,401	24,749	17,433	8,420	9,110	31,252	38,913	24,597	20,058	-	-	214,846
MOTOR & TRANSPORT	17,448	24,795	30,608	61,334	53,112	19,646	26,128	21,581	47,933	23,255	3,705	-	329,544
OTHER	(1,362)	416	(585)	2,330	2,480	(635)	168	10,298	2,719	2,766	-	-	18,594
REPAIRS & MAINT	10,070	2,500	1,589	1,000	6,209	1,533	1,583	6,071	627	12,061	-	-	43,242
SALARIES & RELATED	37,889	35,412	34,928	27,878	27,165	40,731	44,801	44,953	42,933	47,415	32,568	29,244	445,916
STAFF WELFARE	2,129	1,683	-	-	441	-	2,300	135	12,790	697	-	-	20,176
UTILITIES	17,272	2,348	19,066	22,769	14,804	19,398	7,124	26,920	19,197	15,485	947	947	166,276
VOL ACCOMODATION	-	-	-	2,407	-	3,200	1,540	-	-	-	-	-	7,147
VOL TRANSFERS	-	-	7,580	1,837	81	5,473	17,684	13,662	27,305	27,775	-	-	101,397
NURSE SALARY	13,986	22,979	16,870	16,870	16,870	9,864	16,870	16,870	16,870	13,986	17,714	10,497	190,245
	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-
Total monthly expenses	137,767	125,707	207,340	186,362	170,761	131,570	185,929	212,358	261,231	194,715	54,934	40,688	1,909,362

Expenses covered by ConTine GmbH (NAD)

Expenses covered	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Total
NURSE SALARY	979	1,609	1,181	1,181	1,181	690	1,181	1,181	1,181	979	1,240	1,072	13,654
MEDICINES	1,196	820	1,237	872	421	456	1,563	1,946	1,230	1,003	-	-	10,742
MOTOR & TRANSPORT	872	1,240	1,530	3,067	2,656	982	1,306	1,079	2,397	1,163	-	-	16,292
AGRI-PROJECT	-	-	286	-	862	2,790	3,786	2,790	24,334	5,563	-	-	40,412
Totals	3,047	3,668	4,235	5,119	5,119	4,918	7,836	6,996	29,142	8,708	1,240	1,072	81,100
Less: monthly donation portion	(6832)	(6832)	(6832)	(6832)	(6832)	(6832)	(6832)	(6832)	(6832)	(6832)	(6832)	(5947)	(81100)
icit/Surplus	(3785)	(3164)	(2597)	(1713)	(1713)	(1914)	1004	163	22310	1875	(5592)	(4875)	(0)

Expenses covered by ConTine donation GmbH (In EURO)

Exchange rate currency	16.3971												
Expenses covered	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Total
NURSE SALARY	60	98	72	72	72	42	72	72	72	60	76	65	833
MEDICINES	73	50	75	53	26	28	95	119	75	61	-	-	655
MOTOR & TRANSPORT	53	76	93	187	162	60	80	66	146	71	-	-	994
AGRI-PROJECT	-	-	17	-	53	170	231	170	1,484	339	-	-	2,465
Less: monthly donation portion	(417)	(417)	(417)	(417)	(417)	(417)	(417)	(417)	(417)	(417)	(417)	(363)	(4946)
Defecit/Surplus	(231)	(193)	(158)	(104)	(104)	(117)	61	10	1361	114	(341)	(297)	(0)

FUEL

A total of 57,142km were driven by the vehicles of the N/a'an ku sê Lifeline Clinic, predominantly the 4x4 ambulance. This irreplaceable vehicle performs emergency transfers to Gobabis State Hospital and the Gobabis Private Health Care facility when necessary and is part of the regular outreach sessions that see the Lifeline Clinic team carry medical treatment to remote locations of the Omaheke Region. Community members in these areas, due to a lack of transport, cannot access the clinic facilities. The outreach sessions are vital to transporting treatment and care far and wide. 2159 patients were treated during outreach sessions in 2022.



Figure 1: Patients at a remote location line up for an outreach session



Figure 2: Babies and children are carefully monitored for malnutrition at every outreach session



Figure 3: The vitals of every patient are carefully recorded



Figure 4: An elderly woman is prepped prior to seeing the nurse



Figure 5: Nurse Theo doctors an injured hand



Figure 6: Sister Anna at her happiest – treating patients on an outreach session



Figure 7: Sister Anna treating patients on outreach

But why only appreciate photographs when we have a video too? Visit the following YouTube link to experience an outreach session first-hand:

<https://youtu.be/oRMINKFvYqE>

MEDICINES

The N/a'an ku sê Lifeline Clinic relies on medicinal supplies on a daily basis. This year an outbreak of scabies, caused by a tiny burrowing mite called *Sarcoptes scabiei*, hit the Omaheke Region of Namibia. This highly contagious ailment causes rashes and skin lesions affecting the entire body. In particular, children were infected, whole schools suffering from the severe contagion. Goeie Hoop Primary School proved to be the worst hit, with 500 children experiencing extreme discomfort.

The N/a'an ku sê Lifeline Clinic leapt into action, purchasing the necessary creams and medications to combat the rampant infection.



Figure 8: The large quantities of medication purchased to fight the scabies infection



Figure 9: Schools were also provided with laundry detergents to wash clothes and bedding similarly infected



Figure 10: A Lifeline Clinic staff member rubs lotion into a schoolboy



Figure 11: The washing of clothes and bed linen becomes a happy occasion



Figure 12: Nurse Theo administers treatment to an infected child

Now watch the battle against scabies:

<https://youtu.be/SuBxaOcowXo>

In addition to fighting the scabies epidemic, the struggle against tuberculosis (TB) continued. A total of 161 TB sputum samples were tested, relevant treatment and contact tracing taking place where necessary.

Family planning is another core area of implementation at the N/a'an ku sê Lifeline Clinic, community members also educated on the impact of raising children. 706 contraceptive injections and tablets were administered in 2022.

AGRICULTURAL PROJECT

The agricultural project established on clinic grounds was completed in 2022, the project now yielding fruitful rewards. 0.144 hectares in size, the following fruits and vegetables have been planted in the area of the agricultural project:

- Green beans
- Bell peppers
- Pumpkins
- Tomatoes
- Cucumber
- Zucchini (marrow)
- Melon

Pumpkins, cucumbers and zucchinis are currently being harvested, these vegetables now ripe for the picking.

The bi-weekly nutritional support program is now supplemented by these vitamin-and-mineral-rich items. Up to 120 people receive a nutritious meal per session, 9652 meals served in 2022.



Figure 13: The blooming agricultural project



Figure 14: Zucchinis that now supplement the nutritional support program



Figure 15: A field of nutritious colour



Figure 16: The initial clearing of the ground for the agricultural project – what a long way it has come



Figure 17: Blood, sweat and tears – the start of the agricultural project in 2021



Figure 18: But hours of fun were had too

NUTRITIONAL SUPPORT

The agricultural project now helps sustain the nutritional support program, for so many community members the only source of food they can rely on.



Figure 19: Children tuck into a nutritious meal



Figure 20: Toby, an orphan looked after by the clinic, receives much-needed protein and vegetables during a nutritional support session

Enter our world here and witness a nutritional support session:

<https://youtu.be/ZCR79xLzJuk>

THANK YOU FOR YOUR AMAZING SUPPORT AND HAPPY NEW YEAR!

