



N/a'an ku sê Foundation
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CONTINE AND THE N/A'AN KU SÊ FOUNDATION

REPORT FOR JANUARY 2023 TO DECEMBER 2023

The N/a'an ku sê Foundation is honoured to enjoy a partnership with ConTine GmbH, and proudly submits the report for the time-period January 2023 to December 2023.

2023 was a wonderful year for the N/a'an ku sê Lifeline Clinic. Not only did in-clinic medical treatment continue, with outreach sessions to remote communities also widening the reach of healthcare, the chapel established on clinic grounds acted as a school for many children from the local community. More than 45 children are educationally entertained each day within chapel walls, a daily meal also being provided to hungry mouths. Two inspired teachers have taken it upon themselves to educate the children and we hope to upskill these ambitious individuals in coming months.

THE N/A'AN KU SÊ LIFELINE CLINIC

Funds donated by ConTine GmbH: EUR 5,000.00: For nurse's salary, medicines, fuel and the agricultural project.

Financial Summary (Please see detailed financial summary attached)

N/a'an ku se Foundation - Lifeline Clinic (LLC) - Financial Summary - 01 January 2023 - 31 December 2023

Expenses incurred	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Total
AGRI-PROJECT	5,823	6,000	400	10,857	10,857	12,280	14,080	7,118	6,665	-	-	-	N\$74,081
FOOD & SUPPLIES	34,309	32,860	30,035	25,315	25,315	29,212	15,484	14,870	15,079	21,673	15,323	10,324	N\$269,799
FURNITURE & CURTAINS & EQUIP	-	-	-	-	-	-	-	-	-	-	-	-	N\$0
INSURANCE	1,268	1,268	1,268	1,313	1,313	1,692	1,692	1,692	1,692	2,004	2,004	2,004	N\$19,210
MEDICINES	33,534	17,885	92,513	18,991	18,991	26,297	22,201	22,107	13,947	37,857	23,004	14,144	N\$341,473
MOTOR & TRANSPORT	31,662	16,261	20,090	14,280	14,280	38,671	8,804	(413)	28,539	15,191	22,581	11,899	N\$221,843
OTHER	1,471	(736)	408	(1,947)	(1,947)	396	5,432	14,963	1,619	284	-	788	N\$20,730
REPAIRS & MAINT	2,022	9,391	2,126	1,665	1,665	4,722	1,548	-	303	-	-	-	N\$23,442
SALARIES & RELATED	51,309	41,638	43,528	38,242	38,242	42,870	22,624	22,446	24,197	30,053	28,152	33,383	N\$416,683
STAFF WELFARE	-	4,220	-	-	-	-	-	-	-	-	-	-	N\$4,220
UTILITIES	16,986	5,428	12,411	19,057	19,057	16,555	18,144	5,459	16,899	7,422	16,320	16,753	N\$170,493
VOL TRANSFERS	-	9,793	-	11,661	11,661	-	13,137	-	-	-	-	-	N\$46,253
NURSE SALARY	15,745	14,618	17,714	17,714	17,714	17,714	17,714	17,714	17,714	17,714	18,599	3,577	N\$194,248
Total monthly expenses N\$	N\$194,130	N\$158,628	N\$220,492	N\$157,148	N\$157,148	N\$190,408	N\$140,859	N\$105,956	N\$126,652	N\$132,197	N\$125,983	N\$92,873	N\$1,802,476

LLC Expenses Covered by ConTine GmbH (NAD) - January 2023 - 31 December 2023

	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Total
Expenses covered													
20% NURSE SALARY	N\$3,149	N\$2,924	N\$3,543	N\$3,543	N\$3,543	N\$3,543	N\$3,543	N\$3,543	N\$3,543	N\$3,543	N\$3,720	N\$1,124	N\$39,259
10% MEDICINES	N\$3,353	N\$1,789	N\$9,251	N\$1,899	N\$1,899	N\$2,630	N\$2,220	N\$2,211	N\$1,395	N\$3,786	N\$2,300	N\$1,414	N\$34,147
10% MOTOR & TRANSPORT	N\$3,166	N\$1,626	N\$2,009	N\$1,428	N\$1,428	N\$3,867	N\$880	N\$0	N\$2,854	N\$1,519	N\$2,258	N\$1,190	N\$22,226
35% AGRI-PROJECT	N\$2,038	N\$2,100	N\$140	N\$3,800	N\$3,800	N\$4,298	N\$4,928	N\$2,491	N\$2,333	N\$0	N\$0	N\$0	N\$25,928
Total Expenses Covered Monthly	N\$11,707	N\$8,438	N\$14,943	N\$10,670	N\$10,670	N\$14,337	N\$11,571	N\$8,245	N\$10,124	N\$8,847	N\$8,278	N\$3,729	N\$121,560
Less: monthly donation portion	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$10,130	-N\$121,560
Donation Deficit/Surplus	N\$1,577	-N\$1,692	N\$4,813	N\$540	N\$540	N\$4,207	N\$1,441	-N\$1,885	-N\$6	-N\$1,283	-N\$1,852	-N\$6,401	N\$0



LLC Expenses Covered by ConTine donation GmbH (In EURO) - January 2023 - 31 December 2023

Exchange rate currency		20.18												
		Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23	Total
Expenses covered														
20%	NURSE SALARY	€ 156	€ 145	€ 176	€ 176	€ 176	€ 176	€ 176	€ 176	€ 176	€ 176	€ 184	€ 56	€ 1,946
10%	MEDICINES	€ 166	€ 89	€ 458	€ 94	€ 94	€ 130	€ 110	€ 110	€ 69	€ 188	€ 114	€ 70	€ 1,692
10%	MOTOR & TRANSPORT	€ 157	€ 81	€ 100	€ 71	€ 71	€ 192	€ 44	€ 0	€ 141	€ 75	€ 112	€ 59	€ 1,101
35%	AGRI-PROJECT	€ 101	€ 104	€ 7	€ 188	€ 188	€ 213	€ 244	€ 123	€ 116	€ 0	€ 0	€ 0	€ 1,285
Total Expenses Covered Monthly		€ 580	€ 418	€ 741	€ 529	€ 529	€ 711	€ 673	€ 409	€ 502	€ 438	€ 410	€ 185	€ 6,024
Less: monthly donation portion		-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 502	-€ 6,025
Donation Deficit/Surplus		€ 78	-€ 84	€ 239	€ 27	€ 27	€ 209	€ 71	-€ 93	€ 0	-€ 64	-€ 92	-€ 317	€ 0
% of TOTAL LLC OPEX covered by ConTine		6.03%	5.32%	6.78%	6.79%	6.79%	7.53%	8.21%	7.78%	7.99%	6.69%	6.57%	4.01%	6.71%
% of TOTAL CATEGORIES covered by ConTine		13.49%	15.41%	11.43%	17.25%	17.25%	15.10%	18.43%	17.72%	15.14%	12.50%	12.90%	12.59%	14.93%

FUEL

A total of 40,520 kilometres were driven by the Lifeline Clinic team for the duration of 2023. Mileage making up this colossal number includes outreach sessions to remote communities up to 200km away. Not all community members are able to access the clinic itself, living in remote locations and lacking transport. The Lifeline Clinic team performed 52 outreach sessions in 2023, treating a total of 2,256 patients during these vital outreach projects. Mileage also includes emergency transfers, when necessary, from Epukiro to both private and state hospital facilities in the town of Gobabis.



Figure 1: A child receives treatment for a fungal scalp infection during an outreach session.



Figure 2: Children as seen on an outreach session.



Figure 3: Outreach sessions are also time for fun and laughter.



Figure 4: Nurse Theo treating patients on an outreach session.



Figure 5: The Lifeline Clinic vehicle arriving at a remote location for an outreach session.



Figure 6: Volunteers meeting the local communities on outreach.



Figure 7: A volunteer causes much delight on an outreach session.

MEDICINES

The N/a'an ku sê Lifeline Clinic relies on medicinal supplies on a daily basis. Fungal scalp infections, cuts, bruises, burn wounds and other injuries are tended to almost daily. Antibiotics are administered when necessary and medications dispensed from the Lifeline Clinic pharmacy according to the illnesses and ailments diagnosed.



Figure 8: A young boy receives treatment for a fungal scalp infection and a foot injury.



Figure 11: The team performing preliminary health checks during an outreach session.



Figure 12: Patient treatment during outreach. The containers housing the medical supplies and medications can be seen in the background.

AGRICULTURAL PROJECT

The agricultural project continued in 2023, with fresh vegetables complementing the nutritional support program and boosting immune systems with much-needed vitamins and minerals. Vegetables planted include:

- Green beans
- Bell peppers
- Pumpkins
- Tomatoes
- Cucumber
- Zucchini (marrow)
- Melon
- Cabbage
- Potatoes



Figure 13: Cucumber seedlings start sprouting.



Figure 14: Potatoes spring to life.

NUTRITIONAL SUPPORT

The nutritional support program increases from year to year, nutritious meals feeding the community of Epukiro and surrounds. Over and above the meals provided to the community, additional food items are provided to those suffering from malnutrition. These food items are specifically selected for their high nutritional content and 'fattening' qualities. 11,856 meals were served to the community throughout 2023. This could not have been achieved without the incredible support and generosity of ConTine.



Figure 15: A child digs into a meal during a nutritional support session.



Figure 16: Happy faces tucking into a well-deserved meal. What could be better?



Figure 17: Children attending the Lifeline Clinic School receive daily meals.